Jessica Abbott Permanent Cosmetics

prior to
Treatment



PRIOR TO MICRO PIGMENTATION

- . Eyebrows must be threaded, tinted, waxed two weeks prior to treatment. [if applicable]
- . No sun bed use 30 days before your treatment
 - . No wearing of fake tan on the day of your appointment
 - . No Botox 4 weeks prior to brow treatment.
- . No blood thinner medication to be taken unless prescribed by your doctor then you must follow there instructions and let your makeup artist know asap.
- . No Anti-inflammatories 48 hours prior to treatment unless prescribed from your doctor then you must follow their instructions and let. Your makeup artist know .
 - . No alcohol 24 hours prior to treatment
 - . Wash your hair the morning of your treatment appointment
 - . No false lashes if you are having eyeliner.
- . No wearing of waterproof mascara or strip lashes on the day prior to your treatment if you are having eyeliner.
- . For lip tattoo apply vasaline or lip balm for 7 days prior to your treatment
- . Exfoliate your lips up to one week prior to your lip tattoo treatment.
- . If you suffer with cold sores please apply medicated cream on the lip area for 7 days prior to your lip tattoo treatment.



- . Exfoliate your lips up to one week prior to your lip tattoo treatment.
 - . No fillers 4 weeks prior to your lip tattoo appointment.
- . Inform your makeup artist if there is any change in your medical notes.
- . Please keep to your original appointment its really hard for me to change as they are long slots.

 Obviously if you are unwell this can not be helped.

. POLITE NOTICE-

Please check when your appointments are. If you are unable to make it, need to cancel or reschedule please let me know in advance [not on the day]. If you fail to give me 48 hours notice then a new booking fee will be applied before any other appointments can be made. Thankyou in advance.

Healing. Process

DAY 1 - my new brows are a.m.a.z.i.n.g

DAY 2-4 - appear too dark and thicker than you wanted

DAY 5-10- -they may now be flakey and unpleasing to the eye. don't panic.

DAY 10+ -they are too light now, you may be thinking whats going on.

2-4 WEEKS - yay brows are back, just need a little top up.

REMEMBER PERMANENT MAKEUP IS A TWO STAGE PROCESS, SO BE PATIENT, IT WILL BE WORTH IT!!







